

BANGOR SWIMMING CLUB



www.bangorsc.co.uk

Bangor Open Winter Festival 2018

Swim Ireland Level 1 National Qualifying Event

Under Swim Ireland Technical Rules

19th -21st January 2018

Licence No : TBC

Aurora Aquatic & Leisure Complex

Bangor

Co. Down

Meet Information

Bangor Open Winter Festival 2018

A Swim Ireland Level 1 National Qualifying Event

Date	Friday 19 th , Saturday 20 th & Sunday 21 st January 2018		
Venue	Aurora Aquatic & Leisure Complex, 3 Valentine Road, Bangor, Co. Down		
Pool	10 lane 50m Pool (25m Warm up pool available during meet)		
	Full Omega electronic timing and scoreboard display		
Friday 19th	Session 1.	Warm Up 4.00pm Start 5.30pm	
Saturday 20th	Session 2.	Warm Up 8.00am Start 9.00am (Heats Open)	
	Session 3.	Warm Up 11.30am Start 12.30pm (HDW Age Group)	
	Session 4.	Warm Up 4.30pm Start 5.30pm (Finals A+B Open)	
Sunday 21 st	Session 5.	Warm Up 8.00am Start 9.00am (Heats Open)	
	Session 6.	Warm Up 11.30am Start 12.30pm (HDW Age Group)	
	Session 7.	Warm Up 4.30pm Start 5.30pm (Finals A+B Open)	

Session times may be adjusted when all entries have been processed. Any Change in session times will be notified with confirmation of entry acceptances. Should the need arise Bangor SC has the right to restrict entries to ensure a smooth running event.

Entries Entries can only be made on Hy-tek. The programme can be downloaded from the club website www.BangorSC.co.uk or the Swim Ulster website www.swimulster.com . Entry files should be e-mailed to entries@bangorSC.co.uk .

The closing date for entries is Monday 8th January 2018

Entry Fees £7 /€8 per event. Fees should be paid by Monday 15th January 2018. Note fees will be charged for all entries on that date. Entry fees should be made using the Hytek entry fee collection system (Note that under this system entries will not be processed and confirmed until payment has been received). Fees should be paid to

Bank of Ireland - Account Name : Bangor SC - Sort Code 90 20 71 Account No : 82648678B

Entry Times Please submit Long Course entry times for seeding. Hy Tek Short course to Long course conversions can be made via the entry file.

Age Groups This is an open competition designated for National and Regional event qualification. The Age Up Date for this competition is 31st December 2018. There are three age bands :

Girls - 12-13, 14-15 & Open

Boys - 13-14, 15-16 & Open.

Awards Medals will be awarded to 1st, 2nd and 3rd placed swimmers in the open and age group categories.

Events 50m, 100m and 200m events in Butterfly, Backstroke, Breaststroke and Freestyle, 400m, Freestyle and 200, 400m IM, 800m Freestyle for both Men and Women. There are A and B finals for all 50m, 100m and 200m open events. 400m and 800m events are HDW.

In the Open events entries will be limited to 4 heats per event in 100m and 200m events, 3 Heats in the 400m and 800m events and 6 heats in the 50m events. In the Age Group events entries will be limited to 6 heats per event in 50m freestyle, 100m and 200m events and 3 heats in the 400m events. Should the maximum number of entries be exceeded a reserve list will be introduced.

Consideration Times Swimmers should have achieved the enclosed long course consideration times for entry to the meet.

Coach / Manager Passes

All coaches and poolside staff (including officials) must have an event pass to access poolside. Coaches passes will be issued to licenced coaches only on production of their Licence card. Arrangements will be made for visiting coaches and officials.

Withdrawals

Any withdrawals prior to the first day of the event should be notified to the entry secretary by email providing details. Withdrawals from session 1 must be notified No later than 6.00pm on THURSDAY 18th January 2018. Withdrawals from Morning heat sessions must be notified no later than 6.00pm on the day prior to the event. Withdrawals from the afternoon heat sessions must be notified no later than 10.00am on the day of the event.

Withdrawals from A and B finals must be notified to the recording table within 30 minutes of the finalist announcement being made.

Swim Suits

All swim suits must comply with current FINA rules.

Technical Officials

Ulster clubs will be required to provide officials / volunteers related to accepted entry numbers from their club. They will be asked in advance to complete the named officials nominated for roles. Meet T shirts will be provided for each volunteer

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Order of Events

Friday 19th January 2018	
Session 1 - Warm Up 4pm – Start 5.30pm	
1	Heats Open Women 50m Backstroke
2	Heats Open Men 50m Backstroke
3	Heats Open Women 50m Breaststroke
4	Heats Open Men 50m Breaststroke
5	Heats Open Women 50m Butterfly
6	Heats Open Men 50m Butterfly
7	Open Women 800m Freestyle (HDW)
8	Open Men 800m Freestyle (HDW)
1	Finals Open Women 50m Backstroke
2	Finals Open Men 50m Backstroke
3	Finals Open Women 50m Breaststroke
4	Finals Open Men 50m Breaststroke
5	Finals Open Women 50m Butterfly
6	Finals Open Men 50m Butterfly

Saturday 20th January 2018

Session 2 - Warm Up 8am – Start 9am		Session 3 - Warm Up 11.30am – Start 12.30pm		Session 4 – Warm Up 4.30pm – Start 5.30pm	
9	Heats Women 200m IM	21	Girls 12-15 200m IM (HDW)	9	Finals Women 200m IM
10	Heats Men 200m Freestyle	22	Boys 13-16 200m Freestyle (HDW)	10	Finals Men 200m Freestyle
11	Heats Women 200m Breaststroke	23	Girls 12-15 200m Breaststroke (HDW)	11	Finals Women 200m Breaststroke
12	Heats Men 100m Butterfly	24	Boys 13-16 100m Butterfly (HDW)	12	Finals Men 100m Butterfly
13	Finals Women 400m Freestyle (HDW)	25	Girls 12-15 400m Freestyle (HDW)	15	Finals Women 100m Backstroke
14	Finals Men 400m IM (HDW)	26	Boys 13-16 400m IM (HDW)	16	Finals Men 200m Backstroke
15	Heats Women 100m Backstroke	27	Girls 12-15 100m Backstroke (HDW)	17	Finals Women 200m Butterfly
16	Heats Men 200m Backstroke	28	Boys 13-16 200m Backstroke (HDW)	18	Finals Men 100m Breaststroke
17	Heats Women 200m Butterfly	29	Girls 12-15 200m Butterfly (HDW)	19	Finals Women 100m Freestyle
18	Heats Men 100m Breaststroke	30	Boys 13-16 100m Breaststroke (HDW)	20	Finals Men 50m Freestyle
19	Heats Women 100m Freestyle	31	Girls 12-15 100m Freestyle (HDW)		
20	Heats Men 50m Freestyle	32	Boys 13-16 50m Freestyle (HDW)		

Sunday 21st January 2018

Session 5 - Warm Up 8am – Start 9am		Session 6 - Warm Up 11.30am – Start 12.30pm		Session 7 – Warm Up 4.30pm – Start 5.30pm	
33	Heats Men 200m IM	45	Boys 13-16 200m IM (HDW)	33	Finals Men 200m IM
34	Heats Women 200m Freestyle	46	Girls 12-15 200m Freestyle (HDW)	34	Finals Women 200m Freestyle
35	Heats Men 200m Breaststroke	47	Boys 13-16 200m Breaststroke (HDW)	35	Finals Men 200m Breaststroke
36	Heats Women 100m Butterfly	48	Girls 12-15 100m Butterfly (HDW)	36	Finals Women 100m Butterfly
37	Finals Men 400m Freestyle (HDW)	49	Boys 13-16 400m Freestyle (HDW)	39	Finals Men 100m Backstroke
38	Finals Women 400m IM (HDW)	50	Girls 12-15 400m IM (HDW)	40	Finals Women 200m Backstroke
39	Heats Men 100m Backstroke	51	Boys 13-16 100m Backstroke (HDW)	41	Finals Men 200m Butterfly
40	Heats Women 200m Backstroke	52	Girls 12-15 200m Backstroke (HDW)	42	Finals Women 100m Breaststroke
41	Heats Men 200m Butterfly	53	Boys 13-16 200m Butterfly (HDW)	43	Finals Men 100m Freestyle
42	Heats Women 100m Breaststroke	54	Girls 12-15 100m Breaststroke (HDW)	44	Finals Women 50m Freestyle
43	Heats Men 100m Freestyle	55	Boys 13-16 100m Freestyle (HDW)		
44	Heats Women 50m Freestyle	56	Girls 12-15 50m Freestyle		

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Long Course Consideration Times

Men			Event	Women		
Open	15/16	13/14	Event	Open	14/15	12/13
27.5	29.5	31.5	50m Freestyle	30.5	32.5	34.5
59.0	1:06.0	1:10.0	100m Freestyle	1:05.0	1:07.0	1:12.0
2:11.0	2:23.0	2:30.0	200m Freestyle	2:20.0	2:26.0	2:33.0
4:45.0	5:05.0	5:15.0	400m Freestyle	4:55.0	5:10.0	5:20.0
10:15.0	10:35.0	10:55.0	800m Freestyle	11:00.0	11:20.0	11:40.0
32.0	34.0	36.0	50m Backstroke	35.0	37.0	39.0
1:10.0	1:15.0	1:20.0	100m Backstroke	1:14.0	1:18.0	1:22.0
2:30.0	2:40.0	2:53.0	200m Backstroke	2:40.0	2:44.0	2:50.0
35.5	37.5	39.5	50m Breaststroke	39.5	41.5	43.5
1:22.0	1:26.0	1:33.0	100m Breaststroke	1:25.0	1:30.0	1:35.0
2:48.0	3:06.0	3:21.0	200m Breaststroke	3:02.0	3:10.0	3:16.0
30.0	32.0	34.0	50m Butterfly	33.0	35.0	37.0
1:08.0	1:16.0	1:21.0	100m Butterfly	1:13.0	1:16.0	1:19.0
2:30.0	2:50.0	3:00.0	200m Butterfly	2:39.0	2:52.0	3:03.0
2:33.0	2:42.0	2:51.0	200m IM	2:40.0	2:46.0	2:51.0
5:20.0	5:50.0	6:10.0	400m IM	5:45.0	5:55.0	6:12.0

Hy-Tek / Active short course to long course conversions can be made using the Hy-Tek entry file.

Conditions of entry

1. The Meet will be held under Swim Ireland and FINA Technical rules. Times achieved at the meet can be used for entry into Regional and National events.
2. Entries will be seeded into heats based on entry times with the slowest heat being swum first.
3. Only swimmers, coaches and officials are allowed on poolside. Swimmers should dry off before returning to the Spectator Area after their event.
4. In line with child protection policies, any person wishing to use photographic or video equipment (including mobile phones) are required to sign the authorization slip at the entry desk. Flash photography is not permitted at the start of any event.
5. The swim down pool will be available from the start of the competition until 15 minutes after the last heat of a session. This pool is not available during the main pool competition warm up. Clubs are asked to respect the use of this facility and to use it for its intended use. The Meet organisers reserve the right to withdraw this facility should it be misused.
6. Swimmers should report to the Marshalling Area one event prior to their swim.
7. If the meet is undersubscribed, Bangor SC reserves the right to cancel the meet, in which case all entry fees will be refunded.
8. Neither Bangor SC nor Bangor Aurora Aquatic & Leisure Complex accept any liability for loss or damage to personal belongings.
9. Bangor SC reserves the right to alter any of the above conditions if necessary. Any matter not covered by the conditions shall be at the promoter's discretion if not covered by Swim Ireland Laws or rules.